The Art of Helping and Healing

Receiving excellent treatment in each of our three hospitals
“Every piece of work is important, even the smallest”

Quoted from the speech of Robert Bosch held during the inaugural opening of the Robert-Bosch-Krankenhaus in 1940.

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Commitment to the Founder: Continuous Improvements

What characterizes the Robert-Bosch-Krankenhaus (RBK) is the strong commitment to the tradition. During his whole life Robert Bosch (1861 – 1942), an entrepreneur from Stuttgart, engaged himself in the needs of his employees and their families with a high level of responsibility. Finally, he gave his remarkable welfare engagement a concrete shape and crystallisation: He founded a hospital. By doing so, the industrialist attached the moral legacy demanding the responsible leadership and management of the hospital. The Robert-Bosch-Krankenhaus owes a lot to the entrepreneurial farsightedness of its founder. Combining modern medicine with an economically successful management, innovations with fair staff leadership, and further development with the right measure – also nowadays that is what the RBK stands for.
People in the centre: A Hospital of a Different Kind

Many people meet each other every day in the buildings of Robert-Bosch-Krankenhaus GmbH: physicians, nurses and paramedics, scientists and administrators, patients and visitors: some heal and nurse, some are engaged in research and organisation, some are worried and seeking words of consolation. They are the people who assure that Robert Bosch’s vision becomes a reality every day. Accompany us on a tour through our three hospitals. The ideals of Hospital Founder Robert Bosch senior are nowadays more in place than ever: claiming highest demands on knowledge and competences, careful planning and acting, fairness and mutual trust.

An innovative foundation hospital

The Robert-Bosch-Krankenhaus is a foundation owned hospital which dates from a private initiative of Robert Bosch senior in 1936. Two other hospitals belong to the Robert-Bosch-Krankenhaus GmbH, i.e. Klinik Charlottenhaus in Stuttgart’s east districts and the Klinik Schillerhöhe in Gerlingen, a small city close to Stuttgart. Taking all three locations together, the Robert-Bosch-Krankenhaus has more than 1,000 beds and makes a significant contribution to the provision of healthcare services in the region. The Robert Bosch Foundation is the holding organisation of the Robert-Bosch-Krankenhaus GmbH. Both the foundation and the hospital’s chief administrative committee decide together on the principles for the care of patients - covering medical and nursing issues. The foundation enables medical research and model projects, which are not covered by public sources. Together this are key success factors for the ongoing high performance of all institutions of the Robert-Bosch-Krankenhaus.
Model for the Future: a Broad Spectrum
The hospital of the future is complex and concomitantly close to patients’ needs. The patients have high expectations on the hospital of their choice. This is an incentive to extend the therapy spectrum for RBK patients and to enlarge the enterprise. The patients will thus always find a qualified expert for their healthcare concerns. And they can feel comfortable in the hands of such a consolidated and economically stable hospital business.

The Robert-Bosch-Krankenhaus (approx. 770 beds, 100 are in the Clinic of Geriatric Rehabilitation)
A hospital offering central care provisions, including functions of maximum care. The Robert-Bosch-Krankenhaus is a private foundation hospital and academic teaching hospital of the University of Tübingen supported by the federal state.

A bright and functional spatial concept
The Robert-Bosch-Krankenhaus is located in the north of Stuttgart, at Pragsattel near Burgholzhof. In recent years, the hospital was redesigned by a comprehensive refurbishment of all wards and functional units and a new construction of the entire entrance area. The characteristic appearance of the hospital nowadays is shaped and defined by modern architecture, the typical transparent walkways, more space, comfort and illuminated rooms.

Klinik Charlottenhaus (40 beds)
Hospital of Gynecology, Obstetrics, Plastic and Aesthetic Surgery
A hospital with charm and individual atmosphere
Klinik Charlottenhaus in Stuttgart’s eastern town district is a hospital with a familial and cordial atmosphere; a small albeit highly specialised medical centre. The clinic is traditionally run as a visiting consultants clinic. The patients can choose the doctor they trust. He or she will also be able to attend to them before delivery or hospital treatment begins.

Klinik Schillerhöhe (approx. 210 beds)
Hospital of Pneumology, Chest Surgery and Respiratory Medicine. First certified lung center in southern Germany
Pneumonology Hospital in the countryside
The hospital is located in Gerlingen, a small city close to Stuttgart, surrounded by forest and nature, located near Solitude Castle – an ideal place for people with lung diseases. The hospital is one of only few centres specialising in pneumology and chest surgery in the region of southern Germany and focuses on the therapy of lung diseases. The hospital was the first lung centre in the region to be certified, a feature which is proof for the high level of its specific medical treatment concept.
Medical profession is a calling: Experienced Doctors
A good doctor is more than just a trained physician. Because hardly any other occupation has so much to do with the fate of human beings – and is fraught with so much responsibility. Together with and for their patients, the doctors of our hospital fight, give encouragement and engage in research. Seeking one goal: to help and to heal.

Medical competences at the RBK and its affiliated hospitals
The medical competence spectrum of Robert-Bosch-Krankenhaus GmbH is subdivided in 19 specialised departments which have built networks and interdisciplinary centres – also crossing the boundaries of their respective locations.

The great advantage of these interdisciplinary centres is that all specialists, which are needed and engaged with the patient’s disease are working together under the auspices of one department (see below).

Overview of all Departments and Locations

Interdisciplinary Centres

- Heart Centre
- Lung Centre 1 2
- Comprehensive Cancer Centre 1
- with Oncological Centre 1 2
- Colon Centre 1
- Gynaecological Cancer Centre 1
- Breast Centre 1 2
- Molecular Biology Centre
- Emergency Admission Centre
- Centre for Clinically Inflamed Bowel Diseases
- Centre for Old-Age Traumatology 1
- Endoprosthesis Centre 1
- Weaning Centre 1 2

- General Internal Medicine and Nephrology
- General and Visceral Surgery with Specialisation in Tumour Surgery and Minimal-Invasive Surgery
- Anaesthesiology
- Anaesthesiology and Intensive Care Medicine
- Pharmacy
- Gastroenterology, Hepatology and Endocrinology
- Gynaecology and Obstetrics
- Haematology, Oncology, Palliative Medicine
- Cardiovascular Surgery
- Cardiology
- Hospital for Geriatric Rehabilitation with Department of Geriatrics
- Laboratory Medicine
- Orthopaedics and Trauma Surgery
- Pathology
- Plastic and Aesthetic Surgery
- Pneumonology and Lung Surgery
- Psychiatric Medicine
- Radiology and Nuclear Medicine
- Thorax Surgery

Robert-Bosch-Krankenhaus
Klinik Charlottenhaus
Klinik Schillerhöhe

1 certified
2 in cooperation with Klinik Schillerhöhe
3 in cooperation with Klinik Charlottenhaus
The holistic health care approach: Top-Class Medicine
A wide spectrum stretches from obstetrics to geriatric rehabilitation. We are on the side of our patients in every stage of their lives. Thanks to highly modern medical technologies, the equipment available at each hospital department provides a maximum of treatment safety in all medical specialties at each location.

Conceiving the human being as a whole.
Working towards physical recovery
The dedicated doctors of our hospital are appreciated experts. They diagnose and treat diseases of the respiratory tract, the circulatory system, the heart and other internal organs. They develop individual therapies for cancer patients and take over the care of seriously ill patients confronted with an incurable disease. Kidney diseases and renal replacement therapies such as dialysis are also a part of the medical spectrum as the treatment of infectious diseases. Another department specialises in the treatment of chronic inflammatory bowel diseases. The holistic approach now has become a matter of self-understanding in all wards. For example, physicians and psychologists of the Psychosomatic department work closely together with their colleagues from other medical departments. Maybe more and more patients choose one of our hospitals for one of these reasons. We know that the process of healing requires more than good medicine.

Giving a good start in life
A natural delivery – what expectant mother does not hope for that? The doctors and midwives working at the Department of Gynaecology and Obstetrics of the RBK and at the Klinik Charlottenhaus do everything before and during childbirth to make sure that this wish becomes a reality: relaxation baths and aroma therapies relieve the labour pain and endow expectant mothers with more strength and new delivery positions reduce the length of labour. And even if a Caesarean section should be necessary the doctors know the gentlest methods to help the baby come into the outer world. Female patients at our Perinatal Centre are treated in cases of a planned early childbirth and emergencies of premature infants and new-borns. The experience of our doctors and midwives speaks for itself because together with the Klinik Charlottenhaus the RBK belongs to the country’s biggest childbirth centres.

Understanding the history of life
Life leaves traces behind. Every single lifeline deserves respect and recognition - this is the claim that the Clinic of Geriatric Rehabilitation fulfils every day. The rehabilitation clinic at the RBK offers a broad spectrum of therapy forms to retain-as much as possible-the quality of living and the autonomous life perspective elderly people have grown accustomed to in the course of time. People who wish to remain in their accustomed surroundings may call on the various rehabilitation provisions of the RBK as ambulatory patients. This rehabilitation is adjusted to individual requirements of each patient and helps him to regain his independence day after day. For patients who feel good, enjoy life and make reasonable use of their time will get well sooner.

Plastic and Aesthetic Surgery
Regardless whether you are receiving treatment as an outpatient or inpatient, this specialty department at Klinik Charlottenhaus provides the latest surgical and non-surgical methods in almost all areas of plastic-aesthetic surgery. Especially patients coming for differentiated scar therapy, breast reconstruction or hand-surgical operations know that they receive good care here.
Combining Different Perspectives: Interdisciplinary Centres

Many diseases require the bundled knowhow of various medical experts. Concentrated competence is available at the RBK. Medical specialists work together with great intensity in various disease-oriented interdisciplinary centres. Most of these centres are certified by the relevant scientific societies and subject to permanent quality control. This adds to the safety of patients deciding in favour of the RBK.

The Heart Centre
For people suffering from a heart disease every minute counts. Good that the doctors at the RBK are providing emergency heart surgical repairs around the clock. If it is necessary, no waiting times are existing. The surgical techniques have become gentler, the therapy options more varied. In 1984, the RBK was home for the first heart surgery department in Stuttgart and, thanks to innovative minimally invasive cardiac surgical techniques, it still holds a top-ranking position in Germany. Cardiological attendance of the highest level is provided at the RBK. A new cardiac catheter laboratory and a hybrid operating room assure patients diagnostics and therapy covering every detail.

The Lung Centre
At the Klinik Schillerhöhe, a highly recognised team of experts treat patients suffering from lung diseases. This lung centre, which is the first to have been certified in the region of Stuttgart, applies a holistic medical approach in which various special disciplines collaborate beyond the borders of the affiliated hospitals. Finding the right, individually adjusted pain therapy for each patient is another specialty of the of the Lung Centre. If psychological burdens have to be dealt with, trained psychooncologists stand by the patients and help them reactivate their own strength reserves to overcome the effects of disease.

Comprehensive Cancer Center (CCC)
Our treatment of patients with cancer combines the latest medical methods with an optimum of human attendance and care. To assure our patients freedom of choice, it is important to provide comprehensive information about the disease, its consequences and treatment options - also about the possibilities of new and alternative therapies. At the RBK, oncological patients are treated not only by one single doctor but by a number of experts who combine their knowledge to enhance insight into the patient’s individual form of disease. This is only one of the many extraordinary features of the Comprehensive Cancer Center. Furthermore, physicians and scientists work closely together in order to let insights from latest researches be implemented into daily clinical life. Regularly, we conduct scientific research on new diagnostic and therapeutic methods in the scope of both our own and international therapy studies. The RBK applies all modern diagnostic and therapeutic methods including stem cell therapy and biological therapies. Patients receive competent support to cope with psychological or social problems and receive information about holistic approaches to cure their illness.
Geriatric Trauma Centre
Unfortunately, elderly and frail persons are prone to falls and bone fractures. It is known that the healing of the latter is a process that needs time. At the Geriatric Trauma Centre, the patients are in the centre of care. All treatment and therapy procedures applied by our orthopaedic and geriatric specialists serve the purpose of providing gentle surgical treatment while the patients’ accompanying diseases are addressed in an appropriate manner at the same time. The patients are supposed to quickly resume their mobility and reintegrate themselves into their social surroundings. Our certification gives evidence of the Centre’s successful work.

Breast Centre
Women with breast cancer expect sensitive contact persons and competent medical treatment. Both are available at the Breast Centre of the RBK. The intensive cooperation of medical disciplines creates ideal conditions for optimal therapy concepts. In order to demonstrate that the Breast Centre fulfils national and international standards we have subject ourselves, since 2004, to an official annual audit and regular certification procedure of the German Cancer Society and the Technical Inspection Authority (TÜV Onko Zert).

Centre for Chronic Inflammatory Bowel Diseases
The RBK has a special therapy centre for the treatment of complex bowel diseases whose diagnosis is difficult and incidence rates are increasing, e.g. Crohn’s disease and ulcerative colitis. A unique combination of various therapy and counselling options are offered. The chronic inflammations which are associated with the diseases persist throughout the patients’ whole lives. Therefore it is important to give this patient population access to an optimal treatment, and hence to a high degree of quality of life.

Centre for Malignant Colon Diseases
The number of colon cancer diseases is increasing, also affecting more and more younger people. The specialized Centre of the Robert-Bosch-Krankenhaus integrates the various medical disciplines and thus creates the conditions for the necessary diagnostics and successful therapy of the patient. Resident doctors as external cooperation partners and the specialising disciplines available at the Robert-Bosch-Krankenhaus fulfill national and international standards in conformity with the guidelines of the German Cancer Society which are audited on a regular basis.

Gynaecological Cancer Centre
The treatment of malignant diseases of the female genital tract has made essential progress in recent years. All necessary diagnostic and therapeutic measures are available at the Gynaecological Cancer Centre. Psychosomatic attendance and the provision of special care also contribute to a successful therapy at the RBK.

Molecular Biology Centre
What cancer therapy is successful in the long run? One answer refers to the individual genetic disposition of each patient. The object of personalised medicine is to offer each patient a drug therapy which is adjusted to his individual genetic profile and individual tumour. At its Molecular Biology Centre, which is unique to the Stuttgart area, the RBK concentrates the expertise necessary for such individual therapy decisions.

Emergency Room
The Emergency room is an independent organization unit of the hospital, directly connected to the executive board and first contact point for all emergencies. Here, all necessary measures are rapidly initiated and specialists of the cooperating disciplines consulted. For resident doctors, the centre is advantageous because in acute situations they do not have to decide in which special department a patient has to be admitted. This enables rapid and trouble-free transfers.

Weaning Centre
Numerous patients have to undergo mechanical augmented ventilation for a prolonged time after operations or serious infections. If the subsequent readjustment to natural breathing becomes a problem, there is a special therapy method, so-called weaning. This process of withdrawal from the respirators carefully moves toward restoring the original resilience of the affected organs, ultimately resulting in the full restitution of the patient’s autonomous breathing. The certified Weaning Centre at the Klinik Schillerhöhe is one of the very few centres of its kind in Germany.

Centre for Orthopetic Endoporosthesis
Modern medicine offers a wide range of possibilities which help to stop or slow down the deterioration of joints. Every year, the number of patients suffering from worn hip or knee joints because of illness or age factors is increasing. If regular treatment like physical or medicinal therapy is not an option any more the affected joint should be replaced. At our interdisciplinary Endoprothesis Centre specialised doctors perform top-class surgery that helps patients to quickly return into their normal everyday life with a new, fully functional joint replacement. The centre has gone through superior certification and is constantly audited for quality concerning surgical and nursing aspects.

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With Knowledge and Compassion: Professional Nursing

The people we encounter at the wards of Robert-Bosch-Krankenhaus and its affiliated hospitals apply themselves with dedication and competence to the recovery of their patients. The requirements of the latter vary from ward to ward. But the nurses, paramedics and therapists who stand by them know what the essentials of good caregiving apart from taking professional action are: attending to the patients as human beings, respecting their individual needs and lifestyle habits, taking their wishes and criticism seriously, and giving them comfort in a place they are unfamiliar with.

Making patients feel at home

Persons who are sick often depend on support from others: when it comes to washing, dressing or eating, suddenly help is needed for things which are normally no problem at all. The nursing staff registers the current situation of the patient and his reference persons and will apply nursing interventions. Nurses work in a planned manner and discuss their actions with the patients and their relatives.

Giving support with responsibility

The work of nurses promotes the state of the patients’ wellbeing and assures that the patients in their illness receive aid and care. It is the object of caregiving persons to stabilise the contentment of the patients in their actual situation. They watch over the maintenance of medical therapies with responsibility and reliability, and attend to the sick in all emotional and physical matters, providing them with everything they need.
Open-minded and ongoing: The Many Aspects of Education

The RBK puts a high priority on training and education because the requirements applying to the various professional groups working in the hospital are high and the personal interactions with sick people in need of help demands a high level of professionalism. This means, you have to be open to modern forms of therapy and have a positive attitude toward new developments made in the field of nursing science.

New impulses through knowledge

Lifelong learning belongs to the professional routine of all people employed in the healthcare sector, but also to all other sectors of the RBK. Regardless whether we are talking about vocational training, advanced professional training, or continuing further qualifications, the bottom line is that everyone will get the needed qualification to cope with the work tasks proficiently. The Irmgard-Bosch-Bildungszentrum (Interdisciplinary Education Centre) at the RBK offers various vocational training programs, study courses, and further qualification measures as well as profession-specific and interdisciplinary training courses for both internal employees and external participants.

Education accounts for quality

A differentiated educational program is available to applicants. The concepts are innovative and meet high professional standards. School graduates with various entry qualifications and people who are looking for a new start or seek professional reorientation can qualify themselves according to their preferences.

As far as professional development and advanced training are concerned, future-oriented and application-related programs help participants to qualify themselves both professionally and personally. This puts them in a position to meet the requirements of their everyday professional life.
In Every Situation of Life: Regaining Strength and Experiencing Help
Numerous voluntary helpers, social and clerical services, and extraordinary offers make the stay at the RBK and its affiliated hospitals pleasant for patients. Regularly held lectures, patient seminars and symposia inform both professional experts and non-professionals about the state-of-the-art in medicine and retrace the new developments. A RBK friend’s association, founded particularly for this purpose, supports patient-oriented therapies which are not paid for by the health insurances. The RBK just likes to offer a little bit more than the usual treatment.

What the Robert-Bosch-Krankenhaus GmbH has to offer: Overview of institutional services

Extraordinary Offers
Information, Support and Entertainment
— Association of the Friends and Supporters of the Robert-Bosch-Krankenhaus
— Clinical Ethics Committee
— Art in the Hospital
— Spiritual Guidance
— Patients Coordination and Social Services in the Hospital
— Ethics Café
— Hospice Care Group
— Patients Information Centre
— Patients Seminars and Lectures
— Specialised Lectures and Symposia
— Concerts and Music Performances
— Special Program for Patients of the Clinic of Geriatric Rehabilitation
— “Grüne Damen und Herren” (Voluntary Caregivers)

Treatment of Patients
— Robert-Bosch-Krankenhaus
— Klinik Schillerhöhe
— Klinik Charlottenhaus
— 19 Medical Departments and 13 Interdisciplinary Centres

Irmgard-Bosch-Bildungszentrum (Interdisciplinary Education Centre)
— Vocational training and academic studies of healthcare and nursing
— Advanced professional training for specialised nurses
— Interdisciplinary continuing further qualification and advanced professional training seminars

Patient-Relevant Research
— Dr. Margarete Fischer-Bosch Institute of Clinical Pharmacology
— Research projects, e.g. together with the Medical Departments of the RBK
On the Cutting Edge: Innovative Research

They seek more knowledge. They look out for innovations. They fight for the best solutions. The scientists of the Robert-Bosch-Krankenhaus (RBK) who belong to Dr. Margarete Fischer-Bosch-Institute of Clinical Pharmacology (IKP) conduct research with the goal that the patients at the RBK hospitals will receive the optimal therapy. When they explore the mode of action of drugs or search for interactions and causes of adverse effects, they do so with precision, endurance and an appropriate level of curiosity. And their success is key for the merits and the benefit of every patient!

The right mixture: individual therapies for individual patients

The Robert-Bosch-Krankenhaus not only has an obligation to provide excellent healthcare services, but it is also one of the few non-university hospitals in Germany which engage themselves directly in research assignments. How is the action of drugs? What medication guarantees an optimal therapy? What agents can be combined for a successful therapy? These are questions which the researchers and their co-workers at the IKP discuss every day, with the intention to providing patients at the Robert-Bosch-Krankenhaus with a therapy which is on the highest standard regarding individualisation.

Sharing knowledge

Research is key for increasing knowledge. More knowledge is the basis for amazing innovations. This requires people who are ready to share their experience with others. All departments of our affiliated hospitals therefore are connected tightly with the Dr. Margarete Fischer-Bosch Institute of Clinical Pharmacology and work on challenging research issues. Newly acquired knowledge is immediately integrated into the advanced professional training scheme for physicians – in weekly seminars and the regularly held continuing qualification courses and symposia. All these attempts are for the benefit of research and the recovery of the patients.